

DILLUNS	DIMARTS	DIMECRES	DIJOUS	DIVENDRES	DISSABTE
09:00-09:45 h G-2 ESTIRAMENTS	08:00-08:50 h PG AQUAGYM SOFT	09:00-09:45 h G-2 ESTIRAMENTS	10:15-11:00 h PG AQUAGYM SOFT	09:15-10:00 h PST ESTIRAMENTS	12:00-12:45 h PG AQUAGYM SENIOR
09:50-10:35 h PG AQUA SENIOR	09:00-09:45 h G1 ESTIRAMENTS SENIOR	09:50-10:35 h PG AQUA SENIOR	09:00-09:45 h G1 ESTIRAMENTS SENIOR	10:30-11:15 h G-2 ESTIRAMENTS SENIOR	
10:15-11:00 h G-2 GIMNÀSTICA SENIOR	10:10-10:55 h PG AQUA SENIOR	10:15-11:00 h G-2 GIMNÀSTICA SENIOR	10:15-11:00 h PG AQUA SENIOR		
10:40-11:25 h PG AQUA SENIOR	11:00-11:45 h PG AQUA SENIOR	10:40-11:25 h PG AQUA SENIOR	10:40-11:25 h PG AQUA SENIOR		
11:15-12:00 h G1 ESTIRAMENTS SENIOR	12:30-13:15 h PG AQUA SENIOR	11:15-12:00 h G1 ESTIRAMENTS SENIOR	10:40-11:25 h PG AQUA SENIOR		

HORARIS

Dilluns a divendres de 7 a 23 hores
Dissabte de 8 a 21 hores
Diumenge i festius de 9 a 15 hores
Horari especial caps de setmana d'agost.

G1 | GIMNÀS 1 | G-2 | GIMNÀS -2

PG | PISCINA GRAN | PST | PISTA

DESCARREGA'T LA NOSTRA
APP CEM JOAN MIRÓ,
PER A PODER RESERVAR
LA TEVA PLAÇA

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